



**Online
Home
DOCTOR**

スマホ1つかんたん受診・オンラインホームドクター

OH Doctor COVID-19 Vaccine



× OH Dr.



Founder's background and research

Dr. Tatsunori Jo

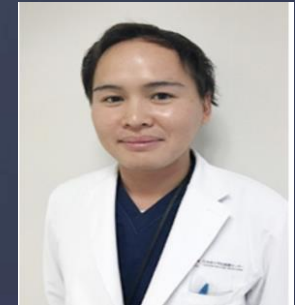
● 2006~ Kaohsiung Medical University

☆ Taiwanese medical doctors are exempted from obtaining

☆ Japanese medical doctor exemption (2015)

● 2020 Osaka University, Department of Respiratory Immunology

● 2021 Establishment of OHDR.
Origin of OH Doctor



~To eliminate disparities in healthcare due to language and cultural barriers, and let's give the health and happiness of all the people working in Japan a boost!~

<https://oh-doctor.com>

About COVID-19



What are the symptoms of COVID-19 ?

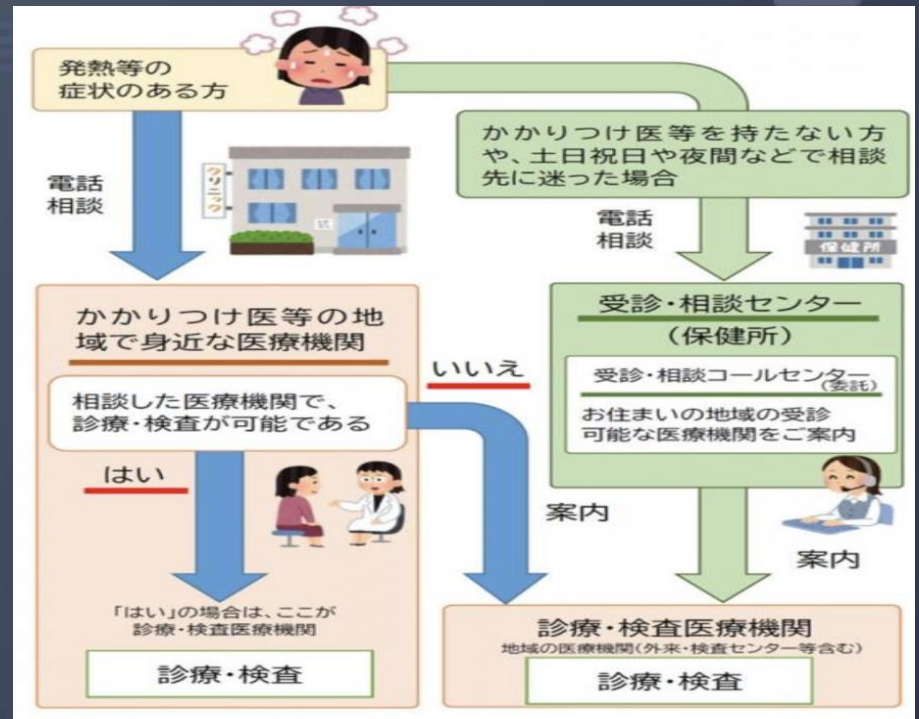
~Common symptoms: Asymptomatic.

☆About half of them will catch the disease from asymptomatic people.

- Fever, Cough, Malaise

~Severe symptoms:

- Difficulty breathing or shortness of breath
- Chest pain or pressure
- Speech impairment or loss of motor function



★What to do in case of fever in Japan



*Ministry of Health, Labour and Welfare website

COVID-19 Q&A about Vaccines



1. How safe and timely is the corona vaccine?
2. What are the side effects of the vaccine?
3. What symptoms should I look for before going to the hospital?
4. Are foreigners living in Japan eligible for vaccination?
5. Do I need to quarantine myself again when I return home after vaccination?

Introduction of Panelists



- Facilitator:
• **Lin Yi Fang**

Panelist :

- Oleau Vietnam Business Cooperative
Ms. Mizuho Takahashi
- Public Interest Incorporated Foundation Yufuin Human Resources Development Foundation Inc. (International Exchange and Consulting)
Mr. Nguyen Hoang Nam

~To eliminate disparities in healthcare due to language and cultural barriers,
and let's give the health and happiness of all the people working in Japan a boost!~



How to deal with stress



★Language barriers

- ① Easily confused and isolated by the Japanese medical system and other factors.
- ② Difficult to receive information due to language barrier.

★About Health

- ① Leave it to hospitals to deal with foreign patients.
- ② Arranging an interpreter takes time, and can't take a leave of absence.
- ③ Differences in medical conditions due to cultural differences. (You take a pill and it works right away. We are a culture that hopes to never have to go to the hospital again.)

★Weak position as a worker

- ① It's hard to take a personal leave, and don't want to take a personal leave because of money.
- ② Even if not feeling well, put in a situation where it's hard to say.

★Realizing in a Different Culture

- ① Everyday life in Japan is extraordinary for foreigners living in Japan.
- ② Hay fever / lack of understanding of seasonal illnesses

◎Comments on the use of OH Dr. - Medical report available

(The employer will understand.)

- ◎ **A hotline** gives you the peace of mind that your doctor will be able to provide care and answer questions after your visit.